BPCP Task List

Pre- Week 1

o BPU

- Get access to BPU 301 and BPU 301P
- Watch videos and read notes in 'Welcome' to secure client and prepare for pre-meeting

• Secure client

- Schedule short pre-meeting phone call
- Get client name and email for BPU access
- Get client access to BPU 301P by emailing Joanne

Pre-meeting with client

- Explain program and expectations
- Set regular appointment time
- Get client to explore BPU
- Client to watch Week 1 videos

o Coaching Agreement & Information Release Form

- Send to client
- Submit to Esme in a direct message via Slack

• Child Behavior Inventory (CBI)

- Send to client
- Submit excel scoring sheet to Esme in direct message via Slack
- o Slack
 - Familiarize self with Slack
 - Introduce self on virtual watercooler

• Secure books/ e-books

- Parenting is Heart Work
- Parenting is Heart Work Training Manual
- Motivate Your Child
- Motivate Your Child Action Plan

• Prepare for Week 1 meeting

- Peruse Intake Form
- Watch Week 1 videos
- Start Week 1 readings

• Week 1 readings

- PHW: Chapters 1 and 2
- PHWTM: Chapter 1 and 8
- MYC: Chapters 1 and 2
- MYCAP: Chapters 1, 2, 6, and 12

o Personal Notebook

- Download and compile resources from BPU
- Download and compile relevant resources from Slack

• Meet with client

- See Parent Coaching Outline
- $\circ \quad \text{Intake Form} \quad$
 - Fill intake form
 - Submit to Esme in a direct message via Slack
- o Slack
 - Copy and paste Intake Form into channel
 - Participate in classmates' channels
 - Answer Week 1 question
- Prepare for Week 2 meeting
 - Watch Week 2 videos

Week 2

- Week 2 readings
 - PHW: Chapters 3 and 4
 - PHWTM: Chapter 3
 - MYC: Chapters 8 and 5
 - MYCAP: Chapters 4
- Personal Notebook
 - Download and compile resources from BPU
 - Download and compile relevant resources from Slack
- $\circ \quad \text{Meet with client} \\$
 - See Parent Coaching Outline
- Week 2 Status Report
 - Fill form
 - Submit to Esme in a direct message via Slack
- o Slack
 - Copy and paste Status Report Form into channel
 - Participate in classmates' channels
 - Answer Week 2 question
- Prepare for Week 3 meeting
 - Watch Week 3 videos

• Week 3 readings

- PHW: Chapters 13 16
- PHWTM: Chapters 4 and 5
- MYC: Chapters 9 and 16
- MYCAP: Chapter 5

Personal Notebook

- Download and compile resources from BPU
- Download and compile relevant resources from Slack

• Meet with client

- See Parent Coaching Outline
- Week 3 Status Report
 - Fill form
 - Submit to Esme in a direct message via Slack

o Slack

- Copy and paste Status Report Form into channel
- Participate in classmates' channels
- Answer Week 3 question

• Prepare for Week 4 meeting

• Watch Week 4 videos

Week 4

• Week 4 readings

- PHW: Chapter 7
- PHWTM: Chapter 2
- MYC: Chapters 12, 14, 15, 18, 19
- MYCAP: Chapters 3 and 7

Personal Notebook

- Download and compile resources from BPU
- Download and compile relevant resources from Slack

$\circ \quad \text{Meet with client} \\$

• See Parent Coaching Outline

• Week 4 Status Report

- Fill form
- Submit to Esme in a direct message via Slack

o Slack

- Copy and paste Status Report Form into channel
- Participate in classmates' channels
- Answer Week 4 question

• Prepare for Week 5 meeting

• Watch Week 5 videos

Week 5 readings

- PHW: Chapters 11 and 12
- PHWTM: Chapter 6
- MYC: None
- MYCAP: Chapter 8

Personal Notebook

- Download and compile resources from BPU
- Download and compile relevant resources from Slack

• Meet with client

- See Parent Coaching Outline
- Week 5 Status Report
 - Fill form
 - Submit to Esme in a direct message via Slack

o Slack

- Copy and paste Status Report Form into channel
- Participate in classmates' channels
- Answer Week 5 question

• Prepare for Week 6 meeting

• Watch Week 6 videos

Week 6

• Week 6 readings

- PHW: Chapters 5 and 6
- PHWTM: None
- MYC: Chapter 13
- MYCAP: Chapter 9

Personal Notebook

- Download and compile resources from BPU
- Download and compile relevant resources from Slack

$\circ \quad \text{Meet with client} \\$

• See Parent Coaching Outline

• Week 6 Status Report

- Fill form
- Submit to Esme in a direct message via Slack

o Slack

- Copy and paste Status Report Form into channel
- Participate in classmates' channels
- Answer Week 6 question

• Prepare for Week 7 meeting

• Watch Week 7 videos

• Week 7 readings

- PHW: Chapters 9 and 10
- PHWTM: Chapter 7
- MYC: Chapters 3,4,6,7,10
- MYCAP: Chapter 10

Personal Notebook

- Download and compile resources from BPU
- Download and compile relevant resources from Slack

• Meet with client

- See Parent Coaching Outline
- Week 7 Status Report
 - Fill form
 - Submit to Esme in a direct message via Slack

o Slack

- Copy and paste Status Report Form into channel
- Participate in classmates' channels
- Answer Week 7 question

• Prepare for Week 8 meeting

• Watch Week 8 videos

Week 8

• Week 8 readings

- PHW: Chapter 8
- PHWTM: None
- MYC: Chapters 11, 17, 20, 21
- MYCAP: Chapter 11

Personal Notebook

- Download and compile resources from BPU
- Download and compile relevant resources from Slack

$\circ \quad \text{Meet with client} \\$

- See Parent Coaching Outline
- Parent Evaluation Form
- Ask parent to fill out Child Behavior Index (CBI) again, then send it back to you
- Ask parent to fill out Progress Evaluation Form on their own, then send it back to you
- Obtain parent testimony

Week 8 Evaluation Forms

- Fill Parent Evaluation Form
- Submit to Esme in a direct message via Slack
- o Slack
 - Copy and paste Parent Evaluation Form into channel
 - Participate in classmates' channels
 - Answer Week 8 question

Evaluation

- Final readings
 - PHW: Conclusion
 - MYC: Conclusion
- Personal Notebook
 - Download and compile resources from BPU
 - Download and compile relevant resources from Slack

• Fill and submit all forms to Esme

- Parent Evaluation Form
- Progress Evaluation Form
- Child Behavior Inventory (CBI)
- Coaching Evaluation Form
- o Slack
 - Answer evaluation question

• Email Scott for "Next Steps" information